**Scientific Program NVA Lustrum jaarcongres 2020**

“Scope to the future”

Thursday 4 and Friday 5 of June 2020

Huis ter Duin, Noordwijk, the Netherlands

**Thursday June 4th 2020**

08:00 Registration and coffee

08.30 Official welcome by Jacco Zijl

08:40-10:20 Scientific program part 1: *Shoulder*

8:40-9:00 “Instability of the AC-Joint - what’s new in 2020”

*Beitzel,Knut; ATOS Orthoparc Clinic Cologne, Germany*

9:00-9:20 “Arthroscopic Subacromial Decompression; Lessons from the CSAW Trial”

*Carr, Andrew; Nuffield Orthopaedic Centre Oxford, UK*

9:20-9:40 “Long portion of the biceps in cuff tear repair : why I have changed my mind”

*Limousin, Marc; Saint Omer, France*

9:40-10:00 …

*Yamaguchi, Ken; Washington University, St Louis, Missouri, USA*

10:00-10:20 Discussion

10:20-11:00 Coffeebreak

“Inspiration lounge”

11:00-11:30 Scientific program part 2: *Society sessions*

Society sessions 2a:

11:00-11:30 30th NVA annual member meeting (members only)

Society sessions 2b: NVFS (parallel session)

Society sessions 2c: NVSG (parallel session)

11:30-13:10 Scientific program part 3: *Knee, reconstruction surgery*

11:30-11:50 “The role of the periphery in optimising knee kinematics in ACL reconstruction”

*Williams, Andy; Fortius, London, UK*

11:50-12:10 “Biomechanics of Lateral Extra-Articular Tenodesis in the setting of ACL Reconstruction”

*Nawabi, Danyal; HSS New York, USA*

12:10-12:30 …

*Verdonk, Peter; Universiteit Antwerpen, Belgium*

12:30-12:50 …

*Pearle, Andrew; HSS New York, USA*

12:50-13:10 Discussion

13:10-14:10 Lunch

13:10-13:20 “Inspiration lounge”

13:30-14:00 Industrial innovations

Upper extremity

Lower extremity

14:10-15:00 Scientific program part 4: *Free paper sessions*

14:10-14:20

14:20-14:30

14:30-14:40

14:40-14:50

14:50-15:00 Presentation results BITE study

*Deurzen, D; OLVG, Amsterdam, The Netherlands*

15:00-15:30 Teabreak

15:30-17:00 Scientific program part 5: *ACL prevention*

15:30-15:45 …

*Della Villa, Francesco; Isokinetic, Bologna, Italy*

15:45-16:00 …

*Gokeler, Alli; Universiteit Paderborn Paderborn, Germany*

16:00-16:15 “Prevention of knee injuries - national and international aspects and approaches”

*Patt, Thomas; Bergman, The Netherlands*

16:15-16:30 “STOP-X The Prevention Programm of the German Knee Society”

*Stoffels, Thomas; OC Stadt Mitte Berlijn, Germany*

16:30-16:45 “ACL injury prevention - what do studies tell us?”

*Tischer, Thomas; Universitair centrum Rostock, Germany*

16:45-17:00 Discussion

17:00-17:15 Wrap up of the day; Haka Haka

17:15 End of scientific program and start of the anniversary Social program

**Social program: (Michelle Poldervaart, Tom V Essen)**

**Sports activities**

**@ the beach**

17:15-18:30 At the Beach in front of Breakers Beach House.

Blokarten:

Beachvolley:

**@ the sea**

17:15-18:30 At the waterfront in front of Breakers Beach House.

Bodyboarden:

Megasup:

<https://www.surfschool-katwijk.nl/nl/groepsactiviteiten-katwijk>

**Walking Dinner & Beach Party**

*Dress Code: Smart Casual*

18:30 Drinks & Music by (Reinoud) at Breakers Beach House

Installatie voor playlist

19:30 Walking Dinner

21:30 Beach Party …

00:00 End of the Beach Party

**Afterparty for the Die-hards:**

Club Conversation at Huis ter Duin

**Friday June 5th 2020**

8:30 Registration and coffee

9:00-11:00 Scientific program part 6: *Ankle*

9:00-9:20 “AOTS-is it really a viable treatment for large OCLs in the athlete”

*Calder, James; Fortius London, UK*

9:20-9:40 “The Anatomy of Lateral Ankle Instability”

*Dalmau Pastor, Michael; University of Barcelona, Spain*

9:40-10:00 “A change in (Ankle) scopie: redefining minimally invasive”

Kerkhoffs, Gino; UMCA Amsterdam, The Netherlands

10:00-10:20 …

Kennedy, John; New York, USA

10:20-10:40 “Diagnostic and Therapeutical injuries in the lateral ligament complex of the athlete’s ankle”

*d'Hooge, Pieter; Universiteit Leuven Leuven, Belgium*

10:40-11:00 Discussion

11:00-11:30 Coffeebreak

11:00-11:10 “Inspiration lounge”

11:30-12:50 Scientific program part 7: *Knee, extended indications*

11:30-11:50 …

Saris, Daan; MayoClinic Rochester, Minnesota, USA

11:50-12:10 ACL reconstructions in pediatric patients

*Janssen, Rob, Maxima MC, Eindhoven, The Netherlands*

12:10-12:30 Update BEAR trial

*Hulstyn, Michael; University Orthopedics Rhode Island, USA*

12:30-12:50 …PLC in children?

*Meuffels, Duncan, Erasmus MC, Rotterdam, The Netherlands*

12:50-13:00 Discussion

13:00-14:00 Lunch

13:45-14:15 Breakout sessions (parallel)

14:00-15:10 Scientific program part 7a: *Timing of imaging in sports injuries (parallel)*

14:00-14:30 Optimal timing of diagnostics in knee and ankle

*Maas, Mario en Kerkhoffs, Gino; AUMC, Amsterdam, The Netherlands*

14:30-15:00 Optimal timing of diagnostics in shoulder and elbow

*Woude, Henk-Jan; OLVG, Amsterdam, The Netherlands*

15:00-15:10 Discussion

Scientific program part 7b: *Groin injuries (parallel)*

14:00-14:30 “Groin injuries”

*Adam weir, sportarts, Erasmus, Rotterdam, The Netherlands*

14:30-15:00 “Current Concepts in the Arthroscopic Management of Femoroacetabular Impingement.”

*Nawabi, Danyal; HSS New York, USA, evt Tak*

15:00-15:10 Discussion

15:10-15:30 Coffeebreak

“Inspiration lounge”

15:30-16:40 Scientific program part 8: *Mental and physical aspect in sport injuries*

15:30-16:00 “What’s beyond injuries and surgeries in elite athletes? - Mental health symptoms”

*Dr Vincent Gouttebarge, AUMC, Amsterdam, The Netherlands*

16:00-16:30 “Load management and return to play of elite football players”

*Mc Call, Allan; PhD, Edinburgh Napier University, Arsenal FC, UK*

16:30-16:40Discussion

16:40-17:00 Scientific program part 10: *Final*

16:40-16:50 Eikelaar award

16:50-17:00 Conclusions

President of the NVA

17:00-18:00 Farewell lounge party at the beach

Wijzigingen onder voorbehoud.

Programma bijgewerkt tot 27 februari 2020